

EMF Pollution

ELECTROMAGNETIC FIELDS

EMF PROTECTION



EMF SOURCES AT HOME

- TELEVISION
- MOBILE PHONE
- COMPUTER
- REMOTE CONTROL
- RADIO
- WI-FI
- BABY MONITOR
- MICROWAVE
- LIGHTING
- POWER LINE
- SMART METER
- ELECTRICAL WIRING

HEALTH RISKS

- ANXIETY
- DEPRESSION
- STRESS/FATIGUE
- HEART PROBLEMS
- LEUKEMIA
- CANCER

HOW TO REDUCE EXPOSURE

COMPUTER AND MOBILE PHONES

- USE A BARRIER FOR THE LAPTOP ON THE LAPS
- AVOID BLUETOOTH HEADSETS
- KEEP MOBILE PHONES AWAY FROM YOUR BODY
- LIMIT PHONE CALLS

HOME PROTECTION

- KEEP THE BEDROOM CLEAR FROM DEVICES
- AVOID/TURN OFF WIRELESS TECHNOLOGY
- AVOID CFL AND HALOGEN LIGHTING
- UNPLUG APPLIANCES

NATURAL DETOX

- WALK BAREFOOT IN NATURE
- EAT DETOX FOOD
- KEEP PLANTS THAT ABSORB RADIATION
- CHECK POLLUTION IN THE NEIGHBORHOOD

Contact a Perfect Health 4 Life distributor regarding EMF Blocking Scalar items!